

To find a DHMO Provider - Visit www.metlife.com/dental

Dental Insurance Center from MetLife - Microsoft Internet Explorer

Address: http://www.metlife.com/individual/dental-insurance-center/index.html?WT.mc_id=vu1219

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Dental Insurance Center

Dental Insurance Plan Participants
If you receive MetLife dental insurance benefits through your employer, you can view and manage them online.*

- Manage your employee benefits
- Find a participating dentist
- Download a dental claim form
- En Español 中文
- Learn about group dental insurance benefits

If you have questions about your dental insurance

Dental Participant Tools

- Sign In to MyBenefits
- Download Claim Form

Find a Dentist

First, select your plan

- ☐ Dental PPO
Nationwide, in- and out-of-network benefits, featuring MetLife's PDP dentists. [More...](#)
- ☒ Dental HMO
Offered in CA, FL and TX, this plan provides in-network benefits only. [More...](#)

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Dentists
MetDental.com is the easiest way for dentists to

Helpful advice on how to select a dentist

Federal Employees
[Go to MetLife Dental for Federal Employees](#)

To find a DHMO participating dentist, click the radio button next to Dental HMO, enter your zip code and click "Go"

Search - Microsoft Internet Explorer

Address: <https://metlocator.metlife.com/metlocator/execute/Search?searchType=findDentist&metLifePlanType=Dual&zip=76010&cx=21&y=>

Find a Dentist Advanced Search

To find a dentist, please enter your plan and location information, then click Search.
Members: for better search results, [sign in](#).
If you do not use an exact address, the search will start from the middle of the ZIP code, city or state.

* Denotes required field

Plan Type*
Select your Plan Type

- ☐ Dental Preferred Provider Organization (DPPO)
- ☒ Dental Health Management Organization (DHMO)

Plan Name*
Enter or select your plan name:

SGX245

Location*
Enter your ZIP code and select your search radius

76010 30 miles

☐ Search by your address or county

☐ More Search Options

In the Plan Name, select SGX245 from the dropdown menu and then click "Search"